

**Salado Independent School District  
Health Advisory Committee-SHAC  
Minutes of March 26, 2007**

**Members Present:** Julie O'Rear, Jessica Beyer, Regina Ward, \*Kathleen Smith, \*Salina Brown (\*parent)

**Call to Order:** Julie O'Rear welcomed everyone and called the meeting to order at 3:45.

**Minutes:** From February 26, 2007 were discussed and approved as distributed via e-mail by all members present

**Update on Healthy and Wise Program:** Regina gave an overview of the program. She discussed the cost of the program that will be absorbed by the district. There are several different options and it is up to each individual district as to which option works best for them. One option that was discussed was paying for the use of the Healthy and Wise website at \$100.00 per year for staff members only. There was also discussion of printing materials from the website and sending information home with each student. The information would be sent home with the 6wk. report cards in an effort to keep parents informed on important information. Further discussions of staff training and funding for the program will continue until decisions are made regarding the program.

**Staff Wellness:** Julie reported that there was a total loss of 71.2 lbs. from Jan.18-Mar.7. She also reported that there are 33 participants for the next 8 week Biggest Loser competition.

**Empty Bowl Update:** Jessica reported that the Empty Bowl Project on Feb.27 brought in \$536.15 with expenses of \$22.00 amounting to the total deposit into the CIS account at \$514.15. It was a huge success thanks to everyone who helped.

**Infection Control:** Julie reported that she will talk with Coach Cheatham about getting Staph Infection Awareness Posters up in the junior high locker rooms.

**Next Year's Meeting Schedule:** Discussed keeping the same meeting schedule as this year. The meetings will again be on the 4<sup>th</sup> Monday of each month, excluding August and December, at 3:45pm in the SIS Library.

Next Year's Meeting Schedule is as follows:

Sept. 24, 2007

Oct. 22, 2007

Nov. 26, 2007

Jan. 21, 2008

Feb. 25, 2008

Mar. 24, 2008

The meeting adjourned at 4:10pm

Jessica Beyer,  
Recorder