

**Salado Independent School District
Health Advisory Committee -SHAC
Minutes of January 29, 2007**

Members present: Jessica Beyer, Gail Valentine, Donna Driggers, *Kathleen Smith, *Salina Brown, Julie O’Rear, Robert Cortes, Jr. MD, Andrea Gonzalez and Barclay McCort. (*parent)

Call to Order: Julie O’Rear welcomed everyone and called the meeting to order at 3:45PM.

Minutes: From November 27th were approved as distributed via email.

Empty Bowl Project: Jessica has made the plans to have the staff fundraiser on Tuesday, Feb. 27th. She has sponsors for the soup and asks committee members if they would bring desserts. Cost will be \$10 for lunch with a bowl or \$6 without a pottery bowl. Committee members may bring their dessert to the next meeting which is the day before the event.

Stall Street Journal: A copy for February on dental health was distributed.

Staff Wellness: Julie reported there was a total loss of 77lb. last semester and about 30 people have signed up to participate this semester (Biggest Loser Contest).

Children’s Wellness Gail reported Region 12 recommends teaching children about how to read labels. She distributed information from the FDA. There was interest in adding this into the nutrition topic when taught and possibly in the cafeteria trivia.

Drug-free Status from School Survey: Donna reported all three plans have been completed and just need to be put together. She will complete.

Pandemic Plan: Julie reported all area schools are working on such a plan which will be uniform in case students have to be moved to another school.

Infection Control with Gym Equipment: Discussion ensued about the best way to cut down on the spread of disease. Julie will discuss with Coach Cheatham about wiping down the equipment after each use.

The meeting was adjourned at 4:10PM. **Next meeting: Feb. 26th at 3:45PM.**

Barclay A. McCort
Barclay McCort,
Recorder

February Agenda:
Empty Bowl – Jessica

“Healthy and Wise” – Regina

Pandemic Plan – Julie

Drug-free Program Status – Donna

Infection Control with gym equipment - Julie