

April 21st SHAC Meeting

Members present: Ty Brown, Melissa Hyer, Andrea Gonzalez, Lisa Nix, Robin Battershell, Salina Brown, Emily Morris

Meeting called to order at 3:45

Fitness Gram update: Ty Brown and Melissa Hyer reported that they are done. It was comprised of 6 different tests including endurance, flexibility, strength and BMI testing. A print out of their child's results are given to parents.

Biggest Loser update: Emily reported that this semester's biggest loser competition is over. We had 91 pound weight loss. Good turn out.

Screening update: Emily reported that screenings are almost over with spinal screens being finished this week.

Athletic physicals: Emily reported that they will be done here at school again this year. Date to be determined. They will be done during athletic periods and after school. \$20 per student.

Next year: Will meet next year on September 15th. Have a great summer!!