

**Salado Independent School District
Health Advisory Committee – SHAC
Minutes of September 24, 2007**

Members present: Jessica Beyer, Donna Driggers, *Kathleen Smith, *Salina Brown, Dr. Robin Battershell, Ty Brown, Emily Morris, RN, Brenda Hodges, Lisa Nix, Melissa Hyer, Sheryl Pruett, Andrea Gonzalez, Dr. Robert Cortes, Michelle Cushman and Barclay McCort. (*parent)

Call to Order: Emily Morris welcomed everyone and called the meeting to order at 3:45PM.

Goals for the Year:

Wellness Program for Staff : The “Biggest Loser” weight loss program was discussed as well as a walking program and “Ball Video”. Action: Emily will send out an email to determine interest.

Student Health Issues: Continue the Stall Street News for teachers and consider shorter ones for the children. Healthy eating; stress reduction and prevention of osteoporosis were suggested.

Action: Emily to follow up and report back in October.

Continue the educational television program at the high school. Consider adding skin care issues such as preventing sunburn.

Empty Bowl Project: General consensus to continue. Action: Jessica will coordinate for Feb. '08.

Salado Relief Fund: Two issues need to be carried back to the organization: Provide more confidentiality in distribution of goods and design a system that will assist the ESL students who do not otherwise qualify. Action: Jessica to follow up.

Free Haircuts: Continue with program the day before school starts.

School Supplies: Dr. Battershell reported she is working on selling school supplies during registration for the next school year.

Healthy Wise: Action: Ty to report next month on this program. Melissa will also report if the exercise initiative is being followed.

Emergency Planning: Dr. Battershell reported community-wide training will be held at 8:30AM October 12th. There will be an off-site drill this year and also a security audit in November. We still need a representative to attend the emergency planning sessions after October. Action: Emily will report on the above.

Other Business:

Medical Director: Dr. Richard Cortes was elected unanimously as the medical director of SISD.

Defibrillators: Emily reported two more units have been ordered and training starts this week in the elementary school. Middle School and High School will follow.

Shot Clinic: Will be held October 25th with permission forms to be sent home for signatures.

Meeting Dates: Oct. 22; Nov. 19; Jan. 14; Feb. 18 and Apr. 21st.

The meeting was adjourned at 4:25PM.

Barclay A. McCort

October Agenda:

Staff wellness interests – Emily
Student Stall St. flyers – Emily
Salado Relief Fund issues – Jessica
Health Wise – Ty
Exercise Initiative – Melissa
Emergency Plan update – Emily
Defibrillator training – Emily
Report on Shot Clinic - Emily

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