

Unit of Study—Health Unit  
DARE program

TEKS #	Knowledge and Skill TEK	Student Expectation	Vocabulary	Tools	Instructional/Assessment Resources
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Health 5.2 A	The student recognizes the basic structures and functions of the human body and how they relate to personal health throughout the life span.	Describe the structure, functions, and interdependence of major body systems	Body system Skeletal system Muscular system Interdependence Circulatory system Respiratory system Digestive system Nutrient Nervous system Endocrine system Diabetes Urinary system		Macmillan/McGraw-Hill Health & Wellness TEXAS
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Health 5.2 B	The student recognizes the basic structures and functions of the human body and how they relate to personal health throughout the life span.	Identify and describe changes in male and female anatomy that occur during puberty	Puberty Life cycle Growth spurt Critical thinking skills Mood swings Age		Macmillan/McGraw-Hill Health & Wellness TEXAS Nurse – comes into classroom and discusses
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<p>Health 5.5 A - I</p>	<p>The student comprehends behaviors that reduce health risks throughout the life span.</p>	<ul style="list-style-type: none"> <li>A. describe the use and abuse of prescription and non-prescription medications such as over-the-counter</li> <li>B. compare and contrast the effects of medications and street drugs</li> <li>C. analyze the short-term and long-term harmful effects of alcohol, tobacco, and other substances on the functions of the body systems such as physical, mental, social, and legal consequences</li> <li>D. identify and describe alternatives to drug and substance use</li> <li>E. demonstrate strategies for preventing and responding to deliberate and accidental injuries</li> <li>F. explain strategies for avoiding violence, gangs, weapons, and drugs</li> <li>G. describe response procedures for emergency situations</li> <li>H. describe the value of seeking advice from parents and educational personnel about unsafe behaviors</li> <li>I. explain the impact of neglect and abuse</li> <li>J.</li> </ul>			<p>Bell County Sherriff's Department DARE program</p>
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CURRICULUM GUIDE  
Fifth Grade Science  
Fourth Six Weeks